

# TIPS THAT WILL HELP YOU TREND GREEN



Let your dog help you with your recycling by giving them your empty plain cardboard boxes to pull apart. Put a few pieces of food kibble into the box to encourage them.



If your dog enjoys playing with toys, **give them a toy box** and put it in a place in your house where you and your dog spend the most time together. Add new items regularly, such as empty boxes.



If your dog enjoys physical contact with you, **make sure that you find time each day to pet them**, groom them, and allow them to cuddle you and be close.



If your dog enjoys playing with you, make sure that you **find time each day to play tug, throw a ball, or let them play with friends**.



Reserve around 10% to 20% of your **dog's daily food ration** and hide it around the house and garden so they has to hunt for it.



Even if you don't train your dog anymore, **try teaching them one new behaviour each month**. There are plenty of simple ideas online.



Once a week, **take your dog on an adventure**, either to a place you don't visit often, or a place you have never been before.